

BE THE BEST YOU

Type of presentation- 60-minute keynote with interactive Q & A **Cost for services-** \$3200- \$3900 plus applicable expenses

Too often people become trapped when...

Outside circumstances take control of their lives.

They get stuck in patterns & develop bad habits.

They lose sight of who they are and that they are influencing others.

They "fall" into a survival way of life and they don't know where to begin to change it.

They forget that they are worthy, deserving, and capable.

That can all end now-

The *Be The Best You* keynote helps the audience focus on the one thing they controlthemselves. Corliss uses her own life experiences to inspire the listeners to see who they are, and who they can be. The personal leadership lessons offer the "ordinary" person tools to be extraordinary empowering everyone to recognize when you show up as the best version of yourself, it impacts everyone- everywhere you are. At the end of the day, everyone wants to feel proud of themselves- **Be the Best You teaches five key principles that help everyone show up as their best-** and in a way that makes them proud.

Through inspirational stories that bring the principles to life, Corliss will touch the heart of your audience inspiring them to be intentional in how to live their lives- knowing who they are makes a difference. The lessons are practical and easily applied to their lives, empowering them to be the best that they can be.



I feel privileged to have secured Corliss on International Women's Day for an evening of connection, inspiration, and fun. Our event attracted women from all over the province; some drove four hours to have a chance to see Corliss speak! Some attendees showed up without knowing what to expect, and walked away feeling empowered, ready to lead a more inspired life. Corliss has a way of presenting her content in such a real and raw way; she made us laugh and she made us cry. It was a wonderful night and people are still talking about it days later. If you have a chance to hire Corliss for an event, do not hesitate! ~ *Melanie Gareau*